



Kitsap County

WIC Facts: FFY 2004

Infants Born Served by WIC

County..... 48.0%
Statewide..... 48.6%

Women, Infants and Children Served

Total: 10,313

Infants and children under 5..... 7,211
Pregnant, breastfeeding and postpartum women..... 3,102

WIC Food Dollar Contribution to Local Economy

WIC Program Food Dollars
\$3,658,903
WIC Farmers Market Nutrition Program Food Dollars
\$5,850

WIC Families

Working families..... 59.5%
WIC households with at least one working family member

Families living in poverty..... 61.7%
Percent of WIC clients with income at or below the federal poverty level (\$1,307 per month for a family of 3)

WIC Nutrition Education Promotes Healthy Choices

Total nutrition education sessions..... 26,150

WIC nutrition education:

- Emphasizes healthy lifestyle habits so families can eat better and stay active now to prevent obesity and other chronic diseases later in life.
- Promotes breastfeeding for the first year of life. And, with the breast pump loan program, helps mothers continue to breastfeed after returning to work or school.
- Helps prevent early childhood caries by screening for early signs of poor oral health, giving parents ideas for healthy snacks and stressing the importance of dental care by age one.



WIC Attracts Families to Preventive Health Services

WIC referrals..... 42,483

WIC informs families about health related services and provides them with the information and support needed to access them successfully.

* Maternity Support Services

Kitsap County

WIC Agencies and Sites

Kitsap Community Resources

Bainbridge Island
Bremerton
El Centro
Port Orchard
Poulsbo
Silverdale

Port Gamble S'Klallam Tribe

Kingston

Suquamish Tribe

Suquamish

WIC Authorized Grocery Stores

Albertsons
Central Market
Bangor Military Commissary
Fred Meyer
Garguiles Red Apple Market
Gliding Eagle Grocery
Kingston Thriftway
Port Orchard Marketplace

Poulsbo Red Apple
Puget Sound Naval Shipyard Military Commissary
QFC
Ralph's Red Apple Market
Safeway
Silverdale Market

WIC Authorized Farmers Markets

Bainbridge Island Farmers Market
Kingston Farmers Market
Peninsula Farmers Market
Port Orchard Farmers Market
Poulsbo Farmers Market